



## The Suffolk IVC Newsletter and Bulletin December 2024

Hi everybody,

I hope your Christmas 2024 preparations are going to plan. Below are the scheduled events for December. A big thank you to everyone who has hosted events this year. Hopefully more people will get involved in both hosting and attending events in 2025. Wishing you all a happy and peaceful Christmas and New Year.

Please remember to let me have your events for the next month by the 3<sup>rd</sup> Sunday of the current month.

The Monday quiz this month will be on the 16<sup>th</sup>. This will be a “Christmas themed” quiz.

If you have any ideas for events, e-mail me or give me a call if you need help. If you want to do something and decide to go, put it on as a club activity and you may have friends join you. Walks are great events for socializing.

**PLEASE KEEP SENDING EVENTS**

**They are what we are all here for!!**

*Anna*

Anna Ifejika


Bulletin Editor

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# The Suffolk IVC Events Bulletin

## December 2024

Members from Essex and Cambridge IVCs are invited to join us at all Suffolk IVC events.

Please note that the  sign means "bookable", and this does mean that you will have to contact the organiser to let them know you are coming (so they can look out for you or arrange suitable tables etc.) and maybe also book your tickets with the venue.

### The Monday Quiz

You are invited to join us for our Zoom quiz, which will normally be on a Monday at 7:30, generally twice a month, but as advertised in the bulletin. These are completely informal, self-marked, and only the winners are announced; it's nice to see people and have a chat and new participants are especially welcome. Either Phil or the quizmaster sends out an email and you just click on the link. If you haven't done this before you may need to download Zoom; a webcam is nice but not essential.

### Friday 6<sup>th</sup>

#### 6th December Christmas Cocktails & Meal

Come and join me for cocktails at No 92, High Street, CM7 1JP (happy hour) and then onto Mosaic Restaurant for a meal. (Braintree)

You can choose from the ala carte. There will also be a set menu, but nothing confirmed as yet.

If you don't fancy cocktails first, then join us at the restaurant, table booked for 19:30. You will need to pay a £5 deposit by Friday 22nd November. Please message me direct and I will send you my bank details if you don't already have them from previous events.

Hope you can make it. It's going to be a fun night. All members are welcome, non-discrimination.

Nearest car park is Sainsburys - free after 6pm.

Dining OutFun and Laughter

Make New FriendsCocktailsRestaurant

Organiser: Marisa Swain: marisaswain@btinternet.com

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## **Saturday 7<sup>th</sup>**

### **Circular Walk 7th December 2pm - Walk My Way**

The walk is weather dependent, as the route is mainly cross country and can get very muddy.

Circular walk from Stisted to Pattiswick around 4.5 miles. Mainly off road, so you will need the correct walking boots as it will be muddy in shaded areas. There are no coffee stops in Stisted/Pattiswick, but feel free to bring a flask for a break.

Weather dependent we can sit outside Braintree Golf Club and have a refreshment on our return. Well behaved dogs are welcome.

Start time: 2:00 pm; Estimated finish time: 4:00 pm; Difficulty: Moderate; Distance: 7.2km / 4.0miAscent; N/AType: circular

This is a WalkMyWay walk. Short, introductory walks encouraging people to relax and join in in their own area. Group walking is a great way to destress and meet new people. WalkMyWay walks are also a good introduction to walk leading. If you have a walk you know and love that you would like to lead, anywhere in Essex, contact [walks@hikeessex.org.uk](mailto:walks@hikeessex.org.uk). We can support you all the way.

#### **### Features**

Refreshments available Braintree Golf Club

Car parking available

Dog friendly

Introductory walk

#### **### Starting point**

Grid reference: TL 79991 24775

Nearest postcode: CM77 8AW

what3words: punks.laws.steps

Start time: 2:00 pm

Park up and meet outside the Onley pub (no longer a pub)

Organiser: Marisa Swain: [marisaswain@btinternet.com](mailto:marisaswain@btinternet.com)

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## **Saturday 7th**

### **📖 Kelvedon Singers, All Saints Church, Fordham – 6:30pm**

Directed by Chris Phelps, who also conducts Colchester Symphony Orchestra, this will be an excellent evening with music by Finzi, Bruckner and others, together with some carol pieces for audience participation; well, it is Christmas! Tickets at £15 include mulled wine and mince pies and can be obtained from Sarah Phillips on 01376 561719 or [sarahphillips365@outlook.com](mailto:sarahphillips365@outlook.com). Tickets can also be obtained on the night, but I wouldn't rely on being able to get in! Let me know that you're coming so that we can meet up for a chat.

**Directions:** The church is in Church Street, Fordham, about a mile from the Eight Ash Green junction on the A12.

**Postcode: CO6 3NL**

**Brad Rawlings 01206 325036**

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## **Monday 16<sup>th</sup>**

### **The Monday Quiz**

See above. Watch out for the e-mail with the Zoom link details. Anna.

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### **Notes for Your Diary**

If we have any more events, I will send an e-mail or issue an update as necessary.

**Don't forget, possible events are anything that you may be doing yourself that may be of interest to others, and when you wouldn't mind having some company.**

## Notes for Your Diary

**2025**

### AIVC Inter-Club Events

**The events below are open to members of all IVC clubs.**

*(Please note that there is often a list of 'invited clubs' in the aIVC write-up. These never include all IVCs but this does not mean that Suffolk is excluded)*

Full details are posted on the aIVC website. If you need further details, please contact the club concerned, or call me and I will try and find out more.

<b>2025</b>	
Mar 16-23	A week in Tromso, Norway
Jun 15-22	Summer Solstice Camping at Shell Island
Jul 18-27	IF:MK – International Festival Milton Keynes

### Instructions for accessing the 'Members Only' section of the website

You no longer need a new monthly password, but on the first occasion that you log onto the new system, you will have the opportunity to choose your own personal password, which you will then use each time that you log on. Only you will know this, and it need not change.

If you have not already logged on then follow this route:

- 1) Go to the Suffolk IVC website
- 2) Click on the Club Members area
- 3) Click on the grey area at the very top of the page - LOG IN
- 4) In the first boxes that appears enter your username, which is your e-mail address.
- 5) In the second box tick 'FORGOT PASSWORD' and you will receive an e-mail with a password that you can use to get you in and you will then be able to change the password to something that you can remember.

If you have any queries whatsoever regarding the new system, please refer these to Phil Riches at [phil.riches@btinternet.com](mailto:phil.riches@btinternet.com) as he is the computer whiz! Hope that's OK Phil!!

## How to Add an Event

Just send an e-mail to Anna at [annaifejika@gmail.com](mailto:annaifejika@gmail.com). Something on the lines of the above events in the bulletin, and remember to include the following where necessary:

Day

Date

Event Title

Venue

Time (or meetup time for.)

Write-up -- ideally informal, chatty, and inviting. It should promote the good bits and advise any problems, and not be overly long.

Directions if possible (sometimes difficult as people will be coming from different directions)

Parking

Post Code

Host Name(s)

Contact Details (any that you wish to provide but there must be something)

### **Other things to consider**

Is it bookable, and who with + contact details.

## The Suffolk IVC Committee 2021-2022

Details are now on the website.